

# Insights into the QCD Phase Diagram from Nambu–Jona-Lasinio Type Models

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# Introduction

- With two massless quarks, QCD has global chiral symmetry

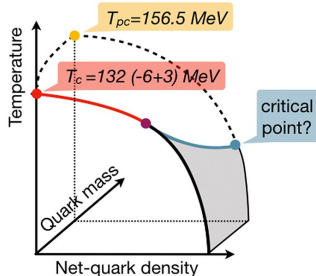
$$SU(2)_V \times SU(2)_A \times U(1)_V$$

- Due to the non-abelian nature of QCD, the interaction strength increases at low energy, resulting in the spontaneous breaking of the chiral symmetry.

- Residual symmetry:  $SU(2)_V \times U(1)_V$

- With physical quark masses, the crossover temperature is  $T_{co} = 156.5$  MeV

## Phase Diagram



- At low energies, the interaction strength becomes very large due to the non-abelian nature. This forbids one to do analytical calculations.
- To study this low-energy regime, one can simulate QCD on the lattice, which is costly and time-consuming.
- Lattice QCD suffers a *sign* problem while dealing with nonzero chemical potential.
- Simplified effective QCD models governed by QCD symmetries are one of the most used analytical methods to explore the low energy regime.

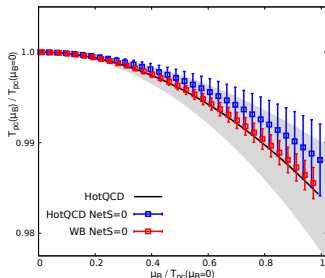
# $T - \mu_B$ phase diagram from LQCD

- To compare between different methods, one parametrized the phase line as

$$\frac{T_{pc}(\mu_X)}{T_{pc}(0)} = 1 - \kappa_2^X \left( \frac{\mu_X}{T_{pc}(0)} \right)^2 - \kappa_4^X \left( \frac{\mu_X}{T_{pc}(0)} \right)^4 .$$

- The chiral transition line in the  $T - \mu_B$  plane calculated in LQCD [A. Bazavov et al. (HotQCD), 2019; S.

Borsanyi et. al., 2020]



- The NJL Lagrangian [Y. Nambu and G. Jona-Lasinio, 1961; M. Frank, M Buballa, M. Oertel, 2003]

$$\begin{aligned}\mathcal{L}_{\text{NJL}} &= \mathcal{L}_0 + \mathcal{L}_{\text{int}} \\ &= \bar{\psi} (i\not{\partial} + \mu\gamma^0 - m) \psi + G \{ (\bar{\psi}\psi)^2 + (\bar{\psi}i\gamma_5\vec{\tau}\psi)^2 \}\end{aligned}$$

- In the chiral limit ( $m = 0$ ), the Lagrangian  $\mathcal{L}_{\text{NJL}}$  is symmetric under  $SU(2)_V \times SU(2)_A \times U(1)_V$
- Within mean-field approximation, the Lagrangian

$$\mathcal{L}_{\text{MFA}} = \bar{\psi} (i\not{\partial} + \mu\gamma^0 - M) \psi - G \langle \bar{\psi}\psi \rangle^2$$

with  $M = m - 2G \langle \bar{\psi}\psi \rangle = m - 2G\sigma$

- In the symmetry-broken scenario  $\langle \bar{\psi}\psi \rangle$  acquire nonzero value.

# Free Energy

- Wick rotation

$$t \rightarrow -ix_4 \text{ and } \gamma_0 \rightarrow i\gamma_4 \implies q_0 \rightarrow iq_4$$

- Matsubara formalism to introduce temperature

$$\int \frac{dq_4}{2\pi} f(q_4) = T \sum_{n=-\infty}^{\infty} f(\omega_n)$$

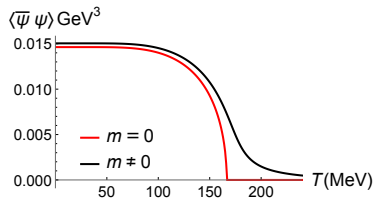
with  $\omega_n = (2n+1)\pi T$  for fermions.

- The free energy becomes

$$\Omega = G\sigma^2 - \mathcal{N} \int \frac{d^3p}{(2\pi)^3} \frac{E_p}{2} - \mathcal{N} T \int \frac{d^3q}{(2\pi)^3} \left\{ \ln \left[ 1 + e^{-(E_p - \mu)/T} \right] + \ln \left[ 1 + e^{-(E_p + \mu)/T} \right] \right\}$$

# Phase transition and crossover

- In the chiral limit, this symmetry breaking and restoration at high temperature is connected via second-order phase transition.
- At the transition temperature ( $T_0$ ), the condensate ( $\langle\bar{\psi}\psi\rangle$ ) becomes zero.
- With nonzero current quark masses, this second-order phase transition becomes a crossover.
- And the crossover temperature ( $T_{CO}$ ) is the temperature at which the rate of change of condensate is maximum.



# Curvature in Chiral Limit (2 Flavor)

- With  $m = 0$ , the grand canonical potential for a 2-flavor NJL model can be expanded as

$$\Omega(\sigma, T, \mu) = \alpha_0(T, \mu) + \alpha_2(T, \mu) \sigma^2 + \alpha_4(T, \mu) \sigma^4 + \alpha_6(T, \mu) \sigma^6 + \dots$$

- The second-order phase transition line can be obtained by [S. Gupta and R. Sharma, 2018]

$$\begin{aligned} \alpha_2(T, \mu) &= -G' + \frac{T^2}{8\pi^2} \int p^2 dp \left[ \frac{1}{(1 + e^{(p-\tilde{\mu})})p} + \frac{1}{(1 + e^{(p+\tilde{\mu})})p} \right] \\ &= -G' + \frac{1}{48} \left( T^2 + \frac{3}{\pi^2} \mu^2 \right) = 0. \end{aligned}$$

- The curvature coefficients [S. Gupta and R. Sharma, 2018]

$$\kappa_2^B = 0.01689$$

$$\kappa_4^B = 0.00014$$



# 3-flavor NJL model

- The Lagrangian

$$\mathcal{L}_{\text{NJL}} = \bar{\psi} (i\gamma_{\mu}\partial^{\mu} - \hat{m}) \psi + \hat{\mu}\psi^{\dagger}\psi + \mathcal{L}_S + \mathcal{L}_D,$$

$$\mathcal{L}_S = G_s \sum_{a=0}^8 \left[ (\bar{\psi}\lambda_a\psi)^2 + (\bar{\psi} i\gamma_5\lambda_a\psi)^2 \right],$$

$$\mathcal{L}_D = -G_d \left[ \det \bar{\psi}_i (1 - \gamma_5) \psi_j + \det \bar{\psi}_i (1 + \gamma_5) \psi_j \right].$$

- Under meanfield approximation

$$\mathcal{L}_{\text{MFA}} = \bar{\psi} \left( i\gamma_{\mu}\partial^{\mu} + \hat{\mu}\gamma_0 - \hat{M} \right) \psi - 2G_s \sum_i \sigma_i^2 + 4G_d \prod_i \sigma_i$$

- The constituent quark masses

$$M_i = m_i - 4G_s\sigma_i + 2G_d\epsilon_{ijk}\sigma_j\sigma_k$$

# 3-flavor NJL model

- The free energy

$$\Omega(\sigma_i, T, \mu) = \Omega_{\text{MF}}(\sigma_i) + \Omega_{\text{Vac}}(\sigma_i) + \Omega_{\text{Th}}(\sigma_i, T, \mu),$$

where

$$\Omega_{\text{MF}} = 2G_s \sum_i \sigma_i^2 - 4G_d \prod_i \sigma_i,$$

$$\Omega_{\text{Vac}} = -2N_c \sum_i \int^\Lambda \frac{d^3p}{(2\pi)^3} E_i(p),$$

$$\Omega_{\text{Th}} = -2N_c T \sum_i \int \frac{d^3p}{(2\pi)^3} \left[ \ln \left( 1 + e^{-(E_i(p) - \mu_i)/T} \right) + (\mu_i \rightarrow -\mu_i) \right]$$

- Minimize the potential for a fixed  $(T, \mu)$

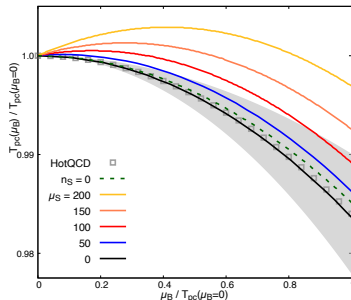
$$\frac{\partial \Omega}{\partial \sigma_u} = \frac{\partial \Omega}{\partial \sigma_d} = \frac{\partial \Omega}{\partial \sigma_s} = 0.$$

- For a fixed  $\mu$ , obtain the inflection point in  $T$  ( $T_{co}$ ) from  $\sigma_u$  vs.  $T$  curve.

# Phase Diagram

- The phase diagram
- Curvature coefficients are obtained by fitting the ansatz.

$$\frac{T_{co}(\mu_X)}{T_{co}(0)} = 1 - \kappa_2^X \tilde{\mu}_X^2 - \kappa_4^X \tilde{\mu}_X^4$$



- The curvature of the  $\mu_S = 0$  line [MSA, D. Biswas, A. Jaiswal, and H. Mishra, 2024; A. Bazavov et al. (HotQCD), 2019]

	2f NJL (m=0)	3fNJL	LQCD
$\kappa_2^B (\mu_S = 0)$	0.01689	0.01627	0.016(6)

# Curvature Coefficients

- Different model parameters

	$\Lambda$ (MeV)	$G_s\Lambda^2$	$G_d\Lambda^5$	$m_l$ (MeV)	$m_s$ (MeV)
Set I	631.4	1.835	9.29	5.5	135.7
Set II	602.3	1.835	12.36	5.5	140.7

- $\kappa$ 's for different lines [MSA, D. Biswas, A. Jaiswal, and H. Mishra, 2024; A. Bazavov et al. (HotQCD), 2019; S. Borsanyi et al. 2020]

	$\kappa_2^B (\mu_S = 0)$	$\kappa_2^S (\mu_B = 0)$	$\kappa_2^{B, n_S=0}$
NJL, set I	0.0163	0.0134	0.0148
NJL, set II	0.0162	0.0172	0.0143
Lattice QCD	0.016(6)	0.017(5)	0.012(4) 0.0153(18)

# Curvature from analytic structure

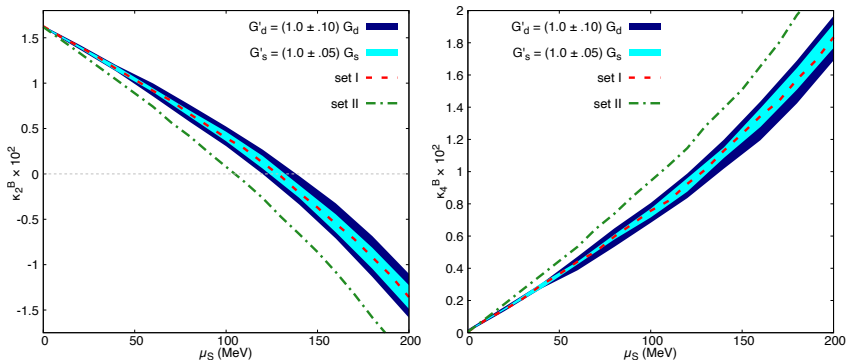
- The gap equation for  $\sigma_i$

$$\frac{\partial \Omega}{\partial \sigma_i} = \frac{\partial \Omega_{\text{MF}}}{\partial \sigma_i} + \frac{\partial \Omega_{\text{Vac}}}{\partial \sigma_i} + \frac{1}{8\pi^2} \sum_j \int p^2 dp \left[ \frac{1}{1 + e^{(E_j(p) - \mu_j)/T}} + \frac{1}{1 + e^{(E_j(p) + \mu_j)/T}} \right] \frac{M_j}{E_j} \frac{\partial M_j}{\partial \sigma_i} = 0$$

- Along the phase line, the mean fields ( $\sigma_i$ ) are constant up to  $\mu_B/T \simeq 2$ .
- Similar expression as the 2 flavor chiral case with  $p$  replaced by  $E(p)$  with constant mass.
- A nonlocal model brings  $T$ ,  $\mu$  dependencies to the quark masses, which can bring new effects on curvature coefficients of  $T - \mu$  phase diagram.

# Constraints on NJL model parameters

- The curvature coefficient  $\kappa_2^B$  as a function of  $\mu_S$  [MSA, D. Biswas, A. Jaiswal, and H. Mishra, 2024]



- Future LQCD data will help us constrain the NJL model ( $G_d$ ).

- The vector interaction term

$$\mathcal{L}_{\text{Vec}} = \begin{cases} -G_V (\bar{q} \gamma^\mu q)^2 \\ -g_V \sum_{a=0}^8 [(\bar{q} \gamma^\mu \lambda_a q)^2 + (\bar{q} i \gamma^\mu \gamma^5 \lambda_a q)^2] \end{cases}$$

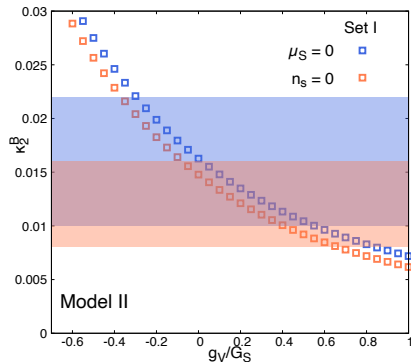
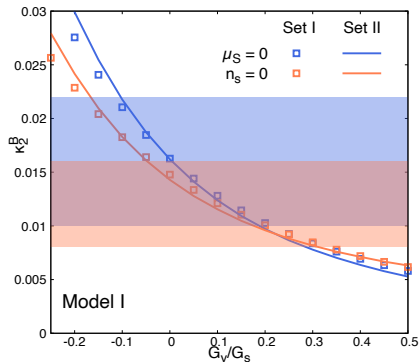
- the chemical potential is modified to

$$\mu_i^* = \begin{cases} \mu_i - 2G_V \sum_j n_j \\ \mu_i - 2g_V n_i \end{cases}.$$

- For degenerate quark masses,  $M_u = M_d = M_s$ , and  $\mu_S = \mu_Q = 0$ ,  $n_u = n_d = n_s$ , implying that  $g_V = 3G_V$ .
- Net zero strange quark,  $n_s = 0$ , implies  $g_V = 2G_V$ .

# Allowed Strength of Vector Interaction

- We constrain the strength of vector interaction using LQCD results



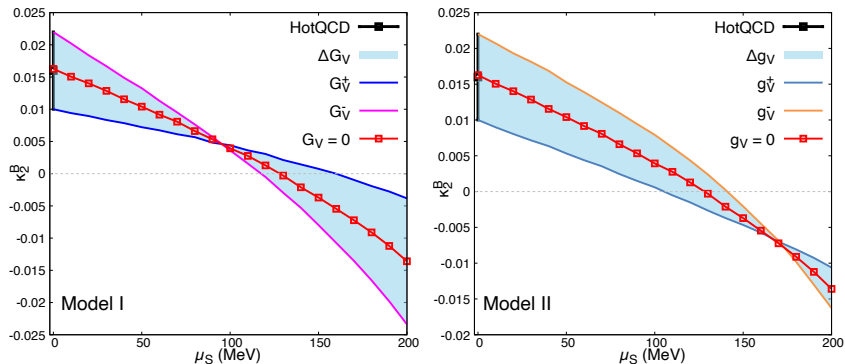
- The allowed range of  $G_V$  [MSA, D. Biswas, C. A. Islam, 2025]

	$\kappa_2^B (\mu_S = 0)$	$\kappa_2^{B, n_S=0}$
Lattice QCD	0.016(6)	0.012(4)
$G_V$	$[-0.233241, 0.424701]$	$[-0.076409, 0.667915]$
$g_V$	$[-0.592698, 1.105132]$	$[-0.153077, 1.334883]$



# Constraints from $\mu_S$ Dependency

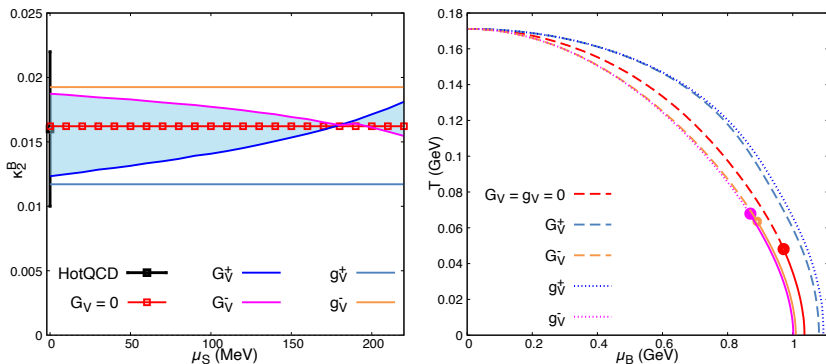
- Within the allowed range, we explore the effect of  $\mu_S$  on the curvature coefficient [MSA, D. Biswas, C. A. Islam, 2025]



- At certain  $\mu_S$ , the effect of  $G_V$  in getting nullified.
- LQCD results of  $\kappa_2^B$  as a function of  $\mu_S$  will improve these findings.

# Differentiate Different Type of Interaction

- Apart from  $G_d$ , flavor-independent vector interaction also introduces flavor mixing between light and strange quark.
- Flavor mixing due vector interaction with  $G_d = 0$



- The critical endpoint depends on the strength of vector interaction.

# Summary

- The characteristics of the transition line are independent of model parameters when the  $\mu_q$ 's are identical for all quarks.
- We have an excellent agreement of  $\kappa_2^B$  with the available LQCD finding.
- $\kappa_2^B$  as a function of  $\mu_S$  and  $\kappa_2^S$  can be used to study the flavor mixing and  $U(1)_A$  breaking 't Hooft interaction,  $G_d$ .
- Once explored in LQCD, we can constrain the NJL model to a better version of itself.
- Previously unconstrained vector interaction strength can also be constrained once the proposed quantities are explored in LQCD.
- In an effective model scenario, one can distinguish between flavor independent and dependent vector interaction from  $\kappa_2^B$  vs.  $\mu_S$  data.

I would like to thank my collaborators

Deeptak Biswas  
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Amaresh Jaiswal  
Hiranmaya Mishra

# Thank You

# Spontaneous Symmetry Breaking

- A symmetry is spontaneously broken when the Lagrangian is symmetric under that symmetry, but the ground state does not.
- Lagrangian of scalar  $\phi^4$  theory

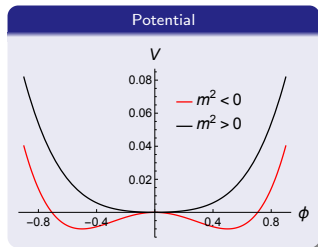
$$\mathcal{L} = T - V = \frac{1}{2}(\partial_\mu\phi)^2 - \frac{1}{2}m^2\phi^2 - \frac{\lambda}{4!}\phi^4$$

- Symmetric under  $Z_2$ ,  $\phi \rightarrow -\phi$ .
- The potential

$$V = \frac{1}{2}m^2\phi^2 + \frac{\lambda}{4!}\phi^4$$

- With  $m^2 = c(T - T_c)$  and  $T < T_c$ , the minimum of the potential is at ( $m^2 \rightarrow -\tilde{m}^2$ )

$$\phi_{min} = \pm\sqrt{\frac{6\tilde{m}^2}{\lambda}}.$$



# Spontaneous Symmetry Breaking

- Expanding around the minima

$$\phi = \sqrt{\frac{6\tilde{m}^2}{\lambda}} + \tilde{\phi}$$

- The Lagrangian expanded around the minima is

$$\mathcal{L} = \frac{1}{2}(\partial_\mu \tilde{\phi})^2 + \frac{3\tilde{m}^4}{2\lambda} - \tilde{m}^2 \tilde{\phi}^2 - \sqrt{\frac{\lambda}{6}} \tilde{m} \tilde{\phi}^3 - \frac{\lambda}{4!} \tilde{\phi}^4.$$

- The above Lagrangian is not invariant under  $\tilde{\phi} \rightarrow -\tilde{\phi}$ . Is the symmetry gone?
- Not really! It is symmetric under

$$\tilde{\phi} \rightarrow -\tilde{\phi} - 2\sqrt{\frac{6\tilde{m}^2}{\lambda}}.$$

# Symmetries (Backup)

- The chiral projection operators are

$$P_R = \frac{1}{2}(1 + \gamma_5) \quad \text{and} \quad P_L = \frac{1}{2}(1 - \gamma_5)$$

- The quark doublet is given by  $\psi = \begin{pmatrix} u \\ d \end{pmatrix}$ . With  $\psi_R = P_R\psi$  and  $\psi_L = P_L\psi$ .
- The  $SU(2)_L \times SU(2)_R$  symmetry transforms are

$$\psi_L \rightarrow e^{i\alpha_L^a \tau^a} \psi_L \quad \text{and} \quad \psi_R \rightarrow e^{i\alpha_R^a \tau^a} \psi_R.$$

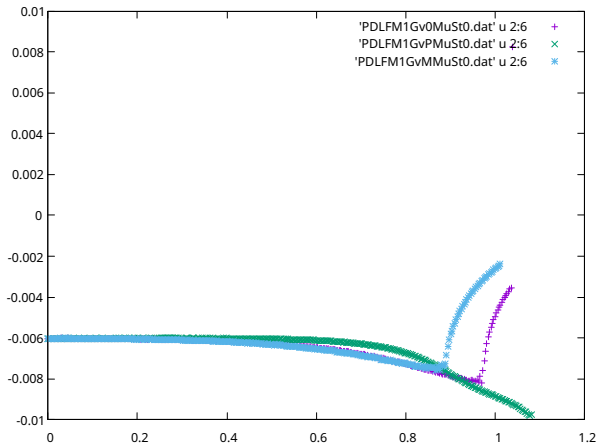
$\vec{\tau}$ 's are the Pauli matrix.

- With little rearrangement, this transformation can be written as

$$\psi \rightarrow e^{i\alpha_V^a \tau^a} \psi \quad \text{and} \quad \psi \rightarrow e^{i\alpha_A^a \gamma_5 \tau^a} \psi.$$

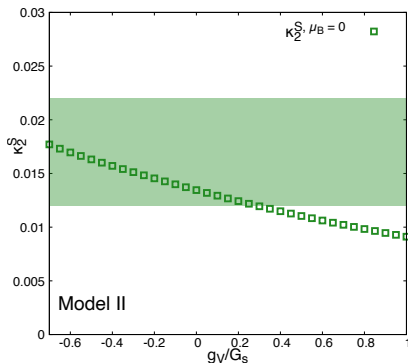
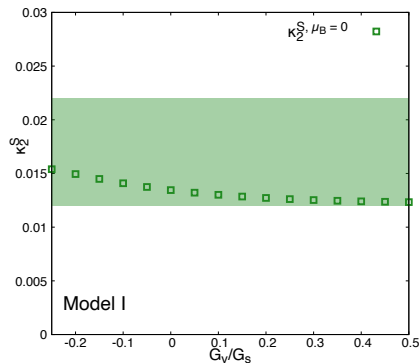


# Meanfield on the Phase Line(Backup)



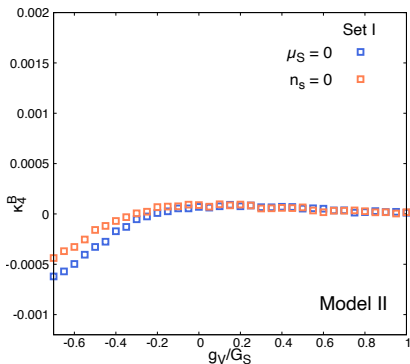
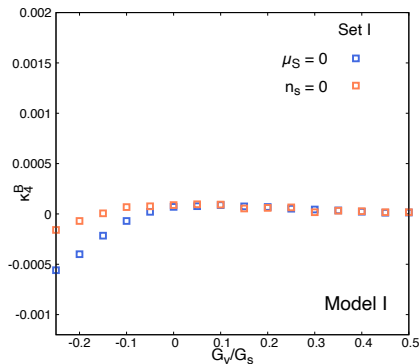
- Remains constant within the range of interest,  $\mu_B/T_{co}(0) < 1$ .

# $\kappa_2^S$ Vs. $G_V/g_V$ (Backup)



- Very sensitive to the strength of  $U(1)_A$  breaking,  $G_d$ .
- Mild variation as a function of the strength of vector interactions.
- Does not improve the constraints from  $\kappa_2^B$ .

# $\kappa_4^B$ Vs. $G_V/g_V$ (Backup)



- The LQCD estimations for  $\kappa_4^B$  are 0.001(7) and 0.004(6) for  $\mu_S = 0$  and  $n_s = 0$ , respectively.
- Does not improve the constraints from  $\kappa_2^B$ .

# $\kappa_4^B$ as a function of $\mu_S$ with $G_V/g_V(\text{Backup})$

